To SMART Local 280 Membership,

**Coronavirus/COVID-19 Protocol**

What SMART Local Union No 280 membership should know when it comes to avoiding exposure and containing the COVID-19 infection.

There are several commonsense precautions that can be taken to reduce the risk of becoming ill with COVID-19 or of potentially spreading the virus to others. These precautions include:

- Know the symptoms: fever, dry cough and shortness of breath. The symptoms seem to begin 2 to 14 days after exposure.
- If you develop symptoms call (811) or phone your Doctor's office. DO NOT go to the hospital or your doctor's office. You may unnecessarily expose others.
- Notify your Employer and Local Union No 280 by phone at 1-800-242-8645 or 604-430-3388 if you are ill or if a member of your household is ill or confirmed as having COVID-19.
- In the event you had a known exposure to someone who has been confirmed to have COVID-19 or is quarantined, you should self-quarantine for 14 days from the date of exposure.
- Notify your Employer of the need to self-quarantine. You may need to request a ROE for medical reasons. The CDC provides guidelines for those on self-quarantine. There is no waiting time for medical reasons.
- Avoid crowded settings, when possible.
- Use basic hygiene, wash your hands frequently for at least 20 seconds, especially before eating. Avoid touching your face. If needed, notify Local 280 if your Employer or jobsite is not providing basic hygiene needs and if possible, use hand sanitizer if it is available.
- Avoid crowded settings when possible.
- Cover and cough into your elbow or a tissue and properly dispose of the tissue.
- Minimize personal contact, when possible. Practice social distancing.
- Avoid using coworkers’ phones or work tools. Keep common surfaces clean including break rooms.

There have been many recent changes as this situation evolves daily. If you have any questions please contact SMART Local Union No 280 at 1-800-242-8645 or 604-430-3388 or agents@smw280.org or info@smw280.org.

The Union office is still open, and we can assist in most cases over the phone or email.

Please see the Union website for helpful links with regards to this virus.

Fraternally,

Jim Paquette
Business Manager
Financial Secretary Treasurer